



Bronco Football

Parent Info

Welcome Parents!

Purpose and Key Pillars

Player Expectations

Parent Checklist

FAQs

Why Football

BLUE In - BLUE Out



Bronco Football

Our Purpose

To teach, develop and motivate these young men to find the very best on the field and mold them into Men of Character that can lead in a real world setting.



Bronco Football

KEY PILLARS

Consistent
Values

Common Vision

Complementary
Roles

Culture of
Improving

BLUE in - BLUE out

Brave: Recognize and overcome fear to do things the right way

Loyal: Team first, sacrifice for greater good, serve others

Unrelenting: Pursuit of goals, overcome obstacles, tolerating discomfort, no excuses

Enthusiastic: Positive energy, growth mindset



PLAYER EXPECTATIONS

CHOICES - DECISIONS -
CONSEQUENCES

COMMITMENT and COMMUNICATION

ATTENDANCE IS MANDATORY, AND MUST COMMUNICATE WITH COACHES
IF THERE ARE ISSUES.

BE ON TIME, TELL THE TRUTH

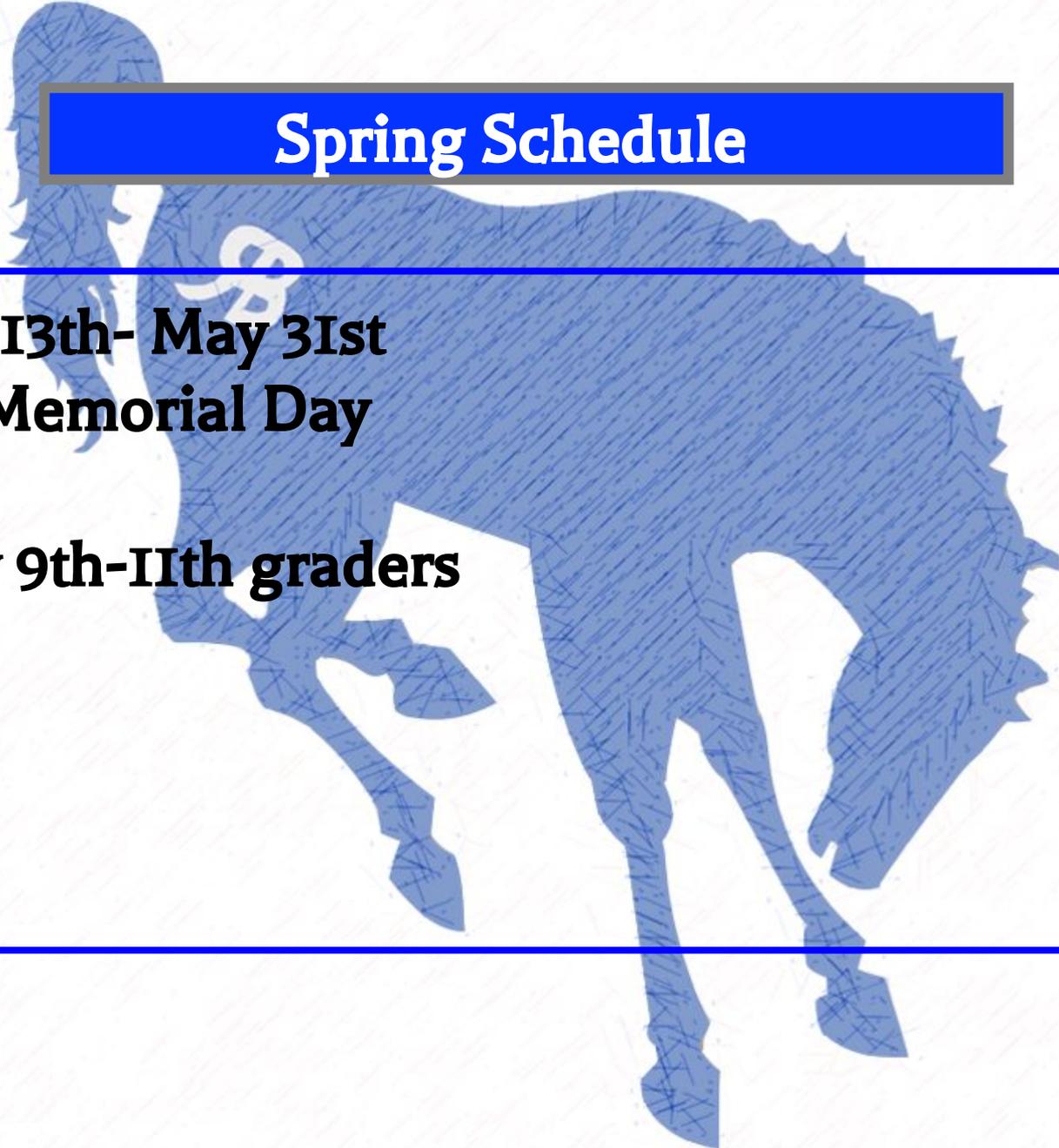
TREAT YOUR TEAMMATES/COACHES WITH RESPECT BY BEING ON TIME,
READY TO GO, AND HONEST.

B.L.U.E. IN - B.L.U.E . OUT

IN AND OUT OF THE PROGRAM WE DO THINGS THE RIGHT WAY.

ACADEMICS

ELIGIBILITY REQUIREMENTS - 2.0 MINIMUM GPA, PASS 2/3, 3/4, OR 2/2.
TO BE SUCCESSFUL IN THE CLASSROOM AND ON THE FIELD, MANAGE
YOUR TIME WELL AND PRIORITIZE.



Spring Schedule

- **May 13th- May 31st**
- **Off Memorial Day**
- **4-6p**
- **Only 9th-11th graders**

Summer Schedule

- **June 8-9 - 7v7 SDSU Tournament Varsity only.**
- **June 10th-June 27th Mon thru Thurs 8-10:30 am V/JV/ 7-9 Freshman**
 - **June 15-16 - SDSU Tournament Varsity only**
 - **June 18th- 7 on 7 round robin @ Home 5-7pm (Varsity)**
 - **June 20th - 7 on 7 vs Ramona @ Home 5-7pm (Varsity/JV)**
 - **June 25th - 7 on 7 vs Westview @ Home 5-7pm (Varsity/JV)**
 - **June 27th - 7 on 7 vs Mission Hills @ Away 5-7pm (Varsity/JV)**
- **June 28th - July 14th Dead period.**
- **July 15th July 30th Mon - Thurs 8-10:30 am V/JV 7-9 Freshman**
 - **July 18th - 7 on 7 vs El Camino @ Away 5-7pm (Varsity/JV)**
 - **July 23rd - Team vs Western Christian HS @ Home 4-6pm/Dinner after for boys (Varsity/JV)**
- **July 25th Liftathon time TBD.**
- **July 30th- Beach Day (All 3 Levels)**
- **Aug 1st- Season begins**



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Parent To-Do Checklist:

- **Check Academic Schedule with Counselor**
 - **Freshman Year** - Request Health in the Fall Term, and Football PE in the Spring Term.
 - **Sophomore Year** - Request Football PE.
 - **Junior Year** - Request Football PE.
 - **Senior Year** - take 4th period Off Roll.
- **Register for Football**
 - Due before Summer begins. Cannot participate without completing.
 - www.rbfootball.org under “Parent Info” tab.
 - \$399 covers all costs for the year. Financial help available.
- **Complete and Submit RBHS “Paperwork to Play”**
 - Due June 13 by Noon
 - www.rbhs.org under “Athletics” tab
 - Health History Form
 - Print and have doctor complete.
 - Physical Exam Night at RBHS - 5/30 6p (\$25 fundraiser for Robbie)
Info coming soon.
 - Athletic Clearance online Form
 - Online form opens May 15.



Bronco Football



Communication:

E-mail

Remind App

Website

Social Media



@rbfootball



@rbhs.broncos.football



@rbhsfootball



Follow these steps to join our app:

1. Scan the QR code below & download Team App or visit www.teamapp.com.
2. Sign up to Team App and log in to your account.
3. Search for 'RBHS Football' and request to join.



BLUE in - BLUE out



WHY FOOTBALL?

Football is fun! There's something naturally enjoyable for young men to be physical and aggressive. And there's nothing like Friday Night Football!

Football provides an opportunity that no other sport can. There are 77 chances to get into games, and endless ways to contribute to the team success.

Football builds toughness, grit and perseverance (key factors of success). It is not easy. It takes courage and an inner drive to play football. And it isn't a pretty-boy sport. You don't need to spend \$\$\$ on private lessons to be successful. All you need is commitment and willingness to put in effort.

Football teaches sacrifice, teamwork and service. It is the greatest team sport--truly nobody can succeed without the help of others.

Football is great cross-training for other sports. It develops skills (agility, speed, power, angles, explosiveness, aggressiveness, toughness) that helps athletes succeed in other sports.

Football is safer than it has ever been. New rules, new coaching and training techniques have changed things significantly.



Bronco Football



F.A.Q.

Can the players do other sports/activities?

YES! WE STRONGLY ENCOURAGE THEM TO!

Practice Schedules?

Frosh: Mon-Wed, 4-6PM; Fri, 4-5:30PM

JV/Var: Mon/Tues 3-5:30; Wed 6:30-8:30;

Thurs 3-4p

Games?

Frosh: Thurs, 5-7p

JV: Fri, 4-6p; Var: 7-9p

Equipment Needed?

CLEATS AND COMPRESSION GIRDLE. We provide everything else.

Are there tryouts?

No. If a player commits to the team and abiding by our standards, he has a home with us. Only his behavior will get him removed from the team.

Do they need to be in 4th period PE?

It is strongly encouraged. During the season, we begin 4th period. In off-season, that is when we strength train.

Do they get a locker?

Yes. Every player will be assigned a locker to secure their belongings. Make sure they have a lock, or two.

Do we have to pay to play?

No. There are scholarships available. But we are not funded by the school, district or state. We must raise funds to run the program.

What do I have to do to sign up my child?

- 1) Register him with our football program at www.rbfootball.org**
- 2) Complete the RBHS Athletic Paperwork to play at www.rbhs.org/Athletics**